

Adoration - *Entering Father's Presence and rest through adoration: praise, thanksgiving, and worship*

Process for devoted times of Adoration

- Come as a child to a Father Who delights to spend time with you (See "Why Pray" Part 1, T1)
- Budget at least 30 - 60 mins for times of devoted prayer
- Find a quiet place (secret chamber) (Mt 6:1-12)
- Stir up your heart with faith by reading Father's promises about His goodness and greatness in your life (See T3, T4, T5, T6)
- Have some praise songs and scriptures on hand, that reflect Father's Presence and works in your current life situations (See T3, T4, T5, T6)
- Use the biblical creative ways of expressing praise which you enjoy most (See T2)
- Spend 20 - 30 minutes in praise, or praise until you feel your Spirit carried into God's Courts - a place of freedom, of peace, and of joy

6 Tools for times of Adoration

T1. Biblical, creative ways of expressing praise

- Singing: Psalms 9:2,11; 40:3; Mark 14:26
- Audible praise : Psalms 103:1
- Shouting: Psalms 47:1
- Lifting up of the hands: Psalms 63:4; 134:2; I Timothy 2:8
- Clapping: Psalms 47:1
- Musical instruments: Psalms 150:3-5; Ps 149:3
- Standing: II Chronicles 20:19
- Bowing: Psalms 95:6
- Dancing: Psalms 149:3
- Kneeling: Psalms 95:6
- Lying down: Psalms 149:5



T2. Examples of prayers of praise & thanksgiving

Abba, I love You, and I love being with You. I love Your goodness and the simplicity of enjoying You enjoying me enjoying You enjoying me. As I again step into this new day of warfare, I acknowledge that each day is a battle, but the battle is not what we I often think. It is a battle to simply abide in Your great love; warfare to abide in Your ample provision; warfare to abide in Your overcoming joy; warfare to abide in Your peace that passes all understanding and warfare to abide in Your life-giving light. It is not that You have made it hard Abba, nor that it is in reality hard; but we are in ourselves weak and the great deceiver knows how to get me to take my eyes off You, knows the areas of my mind that are not yet fully renewed, knows where our [my] revelation of You is incomplete and where he can get me into wrong patterns of thinking which take us me out of that secret place of abiding in Your great love, in Your great peace, in Your wonderful light.

But Abba I praise You that the battle is won; the outcome is decided. I thank You also Abba for Your chosen process by which you manifest Your wisdom and your victory: which is that I, your little one, stand in faith in You – Who You are, what You have done, and what that means for me.

I trust in You Abba to strengthen me with might in my inner man, by the Great Holy Spirit, that the Almighty Lord Jesus Christ will dwell in my heart through faith, that I will be rooted and grounded in love because of Your love, so that I will have power to know experientially the boundless love of Christ which is beyond all knowledge and be filled to all fullness with Your life and being, oh God. And in that place of Your power I will stand in victory. Thank You Abba that in my great weakness I can trust in the simple and immeasurable power of trusting You to grant me a spirit of wisdom and revelation in

the intimate knowledge of the heart and mind and nature and being and purpose and works of my Lord Jesus, so that I will know the greatness of my calling, how inconceivably much You treasure us, Your inheritance, and how boundless is Your might towards Your children who are in Christ Jesus. Thank you Abba that in the true knowledge of You as Abba and the Lord Jesus as King, in that knowledge in my inner man alone is victory and strength and honour and might and joy and peace and all love. Thank you for the simplicity Abba of Your provision, through the knowledge of You and the Lord Jesus in my inner man.

Thank You Abba for providing for and strengthening me in every area, through Your great and precious promises and the power of Your Great Holy Spirit Who brings Your promises alive in me with power, so that I will walk in the great might of Your grace and Your favour, not in the weakness and limitations of my own soul.

Thank You Abba for my Great Saviour, the Lord Jesus Christ. Thank You that because Jesus died on the cross for me, to pay the price for my sins, You have forgiven me for every sin, past, present and future; that You have removed them as far from me as the East is from the West, that you no longer count those sins against me, that there is in Christ NO condemnation for sin, because Christ already bore my condemnation; that You don't treat me according to my sins, but according to your boundless and unending love. Thank You that because You want to be pleased with my life, you have made me a new creature, made me born again of the DNA of Christ, made me new and righteous in Christ; that You have taken the old man and crucified him with Christ, and buried him with Christ, so that the new



man can abide in Christ and live and die in Christ. Thank You for giving me a new nature that desires holiness and goodness and all that pleases You, so that I can come to you without guilt or shame, because by Your power at work within me, I desire what is good and pleasing to You. Thank you Abba, that even when I mess up, the blood of Jesus is sufficient, He has paid the price, mighty is His blood to cover all my sins as I confess them and turn from them. Thank You that because of the power of the blood of Jesus, nothing can now separate me from Your love – neither angels nor demons nor things living or dead, or heights or depths nor things present or

future, nor anything else in creation can separate me from Your love. Abba, thank You for the great and priceless and eternal salvation of my soul from the fires of damnation. Thank You that while I was yet a sinner and rebel against You, then You sent Your son Jesus to die for me, so I could know You, and come boldly and with full assurance of faith into Your Presence, to sit at Your feet and known Your loving comfort and the power of Your love. Thank You for all You did for me, through the Lord Jesus' death and resurrection.



T3. The 7 Redemptive names of God¹

Jehovah-Jireh

"*the Lord will provide*" (Genesis 22:13,14).
i.e., will provide a sacrifice.

Abba, I worship You as my Great and Perfect and Gracious Provider. You alone are my source of all good things. You alone formed all things on the face of the earth so that I now have food and drink and a home and family. Because of You, I have a job, education, health, legs and arms that function, a mind that functions, people who love me and care for me, and every other blessing in my life. Thank You, my provider, for every good thing in my life.

Jehovah-Rapha

"*the Lord that healeth*" (Exodus 15:26).
That this refers to physical healing the context shows, but the deeper healing of soul malady is implied.

Abba, I worship You as my Healer. Thank You because You are my Healer, Jesus bore all my sicknesses and diseases on the cross (Isa 53), and by His stripes I am healed (Mat 8:17), because he bore the suffering and sickness I deserve, it is no longer just for me to bare that sickness. I praise You my God and Healer for divine health and wholeness of soul, spirit and body, in the name of Jesus.

¹ Taken from the 1917 Scofield Reference Bible Notes]

Jehovah-Nissi

"*the Lord our banner*" (Exodus 17:8-15).
The name is interpreted by the context. The enemy was Amalek, a type of the flesh, and the conflict that day stands for the conflict of (Galatians 5:17) the war of the Spirit against the flesh. Victory was wholly due to divine help. Abba, I worship You as my defender and strength, my overcomer, my shield and fortress. Thank You that You send Your angels before me, and by Your Spirit You hedge me in on all sides, and protect me from the works of wickedness. Thank You that You are a loving Father, a good Father, and therefore a Great Protector.

Jehovah-Shalom

"*the Lord our peace,*" or "*the Lord send peace*" (Judges 6:24).
Almost the whole ministry of Jehovah finds expression and illustration in that chapter. Jehovah hates and judges sin (Genesis 2:1-5). Jehovah loves and saves sinners (Genesis 2:7-18) but only through sacrifice (Genesis 2:19-21). See also: Romans 5:1; Ephesians 2:14; Colossians 1:20.

[follow pattern from above: apply this aspect of Father's nature to your own life. What does it mean to you that He is "the Lord Our peace" to you? What effect will that have on your life when that is real. What situations will change, because of that? Praise Him for this truth]

Jehovah-Ra-ah

"*the Lord my shepherd*" (Psalm 23.).
In Psalm 22, Jehovah makes peace by the blood



of the cross; in Psalm 23, Jehovah is shepherding His own who are in the world.

[follow pattern from above: apply this aspect of Father's nature to your own life. What does it mean to you that He is "the Lord my shepherd" to you? What effect will that have on your life when that is real. What situations will change, because of that? Praise Him for this truth]

Jehovah-Tsidkenu

"*the Lord our righteousness*" (Jeremiah 23:6). This name of Jehovah occurs in a prophecy concerning the future restoration and conversion of Israel. Then Israel will hail him as Jehovah-Tsidkenu—"the Lord our righteousness."

[follow pattern from above: apply this aspect of Father's nature to your own life. What does it mean to you that He is "the Lord my righteousness" to you? What effect will that

have on your life when that is real. What situations will change, because of that? Praise Him for this truth]

Jehovah-Shammah

"*the Lord is present*" (Ezekiel 48:35). This name signifies Jehovah's abiding presence with His people (Exodus 33:14,15; 1 Chronicles 16:27,33; Psalm 16:11, 97:5; Matthew 28:20; Hebrews 13:5).

[follow pattern from above: apply this aspect of Father's nature to your own life. What does it mean to you that He is "the Lord is present" to you? What effect will that have on your life when that is real. What situations will change, because of that? Praise Him for this truth]



T4. The names of God

a. The Titles of Jesus from the book of The Revelation

- Ω Jesus Christ
- Ω The faithful witness
- Ω The first begotten of the dead
- Ω The prince of the kings of the earth
- Ω He that loved us and washed us from our sins in His own blood
- Ω Alpha and Omega
- Ω The beginning and the ending
- Ω The Lord
- Ω Which is, and which was, and which is to come
- Ω The Almighty
- Ω The first and the last
- Ω One like unto the Son of man
- Ω He that liveth and was dead and am alive forevermore
- Ω The one who has the keys of hell and death
- Ω He that holdeth the seven stars in his right hand
- Ω He that walks in the midst of the seven golden candlesticks
- Ω The Spirit
- Ω He that hath the sharp sword with two edges
- Ω The Son of God
- Ω The one with eyes like a flame of fire
- Ω The one with feet like fine brass
- Ω He that hath the seven Spirits of God
- Ω He that is holy
- Ω He that is true
- Ω He that hath the key of David
- Ω He that opens and no man shuts and shuts and no man opens
- Ω The Amen
- Ω The faithful and true witness
- Ω The beginning of the creation of God
- Ω The Lion of the tribe of Juda
- Ω The Root of David
- Ω A Lamb as it had been slain with 7 horns and 7 eyes which are the seven Spirits of God
- Ω The Word of God
- Ω King of Kings
- Ω Lord of Lords
- Ω Root and offspring of David
- Ω Bright and morning star



c. The descriptive names of God

- *Alpha and Omega* – Rev 21:6
- *Ancient of Days* – Dan 7:9
- *God's Anointed* – Psalm 2:2
- *Author & Finisher of Faith* – Heb 12:2
- *Author of Salvation* – Heb 5:9
- *Begotten of God* – 1 Jn 5:18
- *Bread of Life* – Jn 6:35
- *Bright & Morning Star* – Rev 22:16
- *Captain of Lord's Host* – Jn 5:15
- *Chief Cornerstone* – 1 Pet 2:6
- *Christ Jesus the Lord* – Rom 8:39
- *Counselor* – Is 9:6
- *Dayspring* – Lk 1:78
- *Daystar* – 2 Pet 1:19
- *Deliverer* – Rom 11:26
- *Emmanuel* – Mt 1:23
- *Everlasting Father* – Is 9:6
- *Faithful & True* – Rev 19:11
- *First and Last* – Rev 22:13
- *Glorious Lord* – Jam 2:1
- *God of Israel* – Is 45:15
- *Great God* – Tit 2:13
- *Great High Priest* – Heb 4:14
- *Head of the Body* – Col 1:18
- *Heir of all Things* – Heb 1:2
- *Holy One of Israel* – Is 41:14
- *Hope of Glory* – Col 1:27
- *I AM* – Jn 8:58
- *Image of Invisible God* – Col 1:15
- *Jesus Christ Your Lord* – Rom 1:4
- *Judge of Israel* – Mic 5:1
- *Lamb of God* – Jn 1:29
- *Life* – Jn 14:6
- *Light of the World* – Jn 8:12
- *Living Bread* – Jn 6:51
- *Lord God Almighty* – Rev 4:8
- *Lord of All* – Acts 10:36
- *Love* – 1 Jn 4:8
- *Man of Sorrows* – Is 53:3
- *Master* – Mat 23:10
- *Messiah* – Dan 9:25
- *Mighty God* – Is 9:6
- *Most Holy* – Dan 9:24
- *Only Wise God* – 1 Tim 1:17
- *Physician* – Lk 4:23
- *Prince of Peace* – Is 9:6
- *Prophet* – Deut 18:15-18
- *Propitiation* – Rom 3:25
- *Redeemer* – Is 59:20
- *Resurrection* – Jn 11:25
- *Rock* – 1 Cor 10:4
- *Root of Jesse* – Is 11:10
- *Savior of the World* – 1 Jn 4:14
- *Seed of David* – Jn 7:42
- *Good Shepherd* – Jn 10:11
- *Son of God* – Rom 1:4
- *Son of Man* – Acts 7:56
- *Son of the Highest* – Lk 1:32



T5. Scriptures - God's Majesty

a. The Majesty of the Son of God

- **Rev 1:10-18 (ESV)** I was in the Spirit on the Lord's day, and I heard behind me a loud voice like a trumpet 11 saying, "Write what you see in a book and send it to the seven churches... Then I turned to see the voice that was speaking to me, and on turning I saw seven golden lampstands, 13 and in the midst of the lampstands one like a son of man, clothed with a long robe and with a golden sash around his chest. 14 The hairs of his head were white, like white wool, like snow. His eyes were like a flame of fire, 15 his feet were like burnished bronze, refined in a furnace, and his voice was like the roar of many waters. 16 In his right hand he held seven stars, from his mouth came a sharp two-edged sword, and his face was like the sun shining in full strength. When I saw him, I fell at his feet as though dead. But he laid his right hand on me, saying, "Fear not, I am the first and the last, 18 and the living one. I died, and behold I am alive forevermore, and I have the keys of Death and Hades.
- **Col 1:15-20 (ESV):** He is the image of the invisible God, the firstborn of all creation. 16 For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him. 17 And he is before all things, and in him all things hold together. 18 And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent. 19 For in him all the fullness of God was pleased to dwell, 20 and through him to reconcile to himself all things, whether on earth or in heaven, making peace by the blood of his cross.
- **Heb 1:1-4 (ESV):** Long ago, at many times and in many ways, God spoke to our fathers by the prophets, 2 but in these last days he has spoken to us by his Son, whom he appointed the heir of all things, through whom also he created the world. 3 He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power. After making purification for sins, he sat down at the right hand of the Majesty on high, 4 having become as much superior to angels as the name he has inherited is more excellent than theirs.

a. The Majesty of Father God

- **(Da 4:34–37):** At the end of the days I, Nebuchadnezzar, lifted my eyes to heaven, and my reason returned to me, and I blessed the Most High, and praised and honored him who lives forever, for his dominion is an everlasting dominion, and his kingdom endures from generation to generation; all the inhabitants of the earth are accounted as nothing, and he does according to his will among the host of heaven and among the inhabitants of the earth; and none can stay his hand or say to him, "What have you done?" At the same time my reason returned to me, and for the glory of my kingdom, my majesty and splendor returned to me. My counselors and my lords sought me, and I was established in my kingdom, and still more greatness was added to me. Now I, Nebuchadnezzar, praise and extol and honor the King of heaven, for all his works are right and his ways are just; and those who walk in pride he is able to humble.
- **(Eze 1:26–28)** And above the expanse over their heads there was the likeness



of a throne, in appearance like sapphire; and seated above the likeness of a throne was a likeness with a human appearance. And upward from what had the appearance of his waist I saw as it were gleaming metal, like the appearance of fire enclosed all around. And downward from what had the appearance of his waist I saw as it were the appearance of fire, and there was brightness around him. Like the appearance of the bow that is in the cloud on the day of rain, so was the appearance of the brightness all around. Such was the appearance of the likeness of the glory of the LORD. And when I saw it, I fell on my face...

T6. Scriptures - God's goodness

a. Psalm 27:1-6

*The Lord is my light and my salvation;
whom shall I fear? The Lord is the
stronghold of my life; of whom shall I be
afraid?*

*When evildoers assail me to eat up my
flesh, my adversaries and foes, it is they
who stumble and fall.*

*Though an army encamp against me, my
heart shall not fear; though war arise
against me, yet I will be confident.*

*One thing have I asked of the Lord, that
will I seek after: that I may dwell in the
house of the Lord all the days of my life,
to gaze upon His beauty and to inquire in
his temple.*

*For he will hide me in his shelter in the
day of trouble; he will conceal me under
the cover of his tent; he will lift me high
upon a rock.*

b. Psalm 91:1–16

My Refuge and My Fortress

91 He who dwells in the shelter of the Most
High

will abide in the shadow of the Almighty.
² I will say to the LORD, "My refuge and my
fortress,
my God, in whom I trust."

³ For he will deliver you from the snare of the
fowler
and from the deadly pestilence.

⁴ He will cover you with his pinions,
and under his wings you will find refuge;
his faithfulness is a shield and buckler.

⁵ You will not fear the terror of the night,
nor the arrow that flies by day,

⁶ nor the pestilence that stalks in darkness,

nor the destruction that wastes at
noonday.

⁷ A thousand may fall at your side,
ten thousand at your right hand,
but it will not come near you.

⁸ You will only look with your eyes
and see the recompense of the wicked.

⁹ Because you have made the LORD your
dwelling place—
the Most High, who
is my refuge—

¹⁰ no evil shall be
allowed to befall
you,
no plague come



near your tent.

- 11 For he will command his angels concerning you
to guard you in all your ways.
12 On their hands they will bear you up,
lest you strike your foot against a stone.
13 You will tread on the lion and the adder;
the young lion and the serpent you will
trample underfoot.

c. Psalm 23

The LORD Is My Shepherd

- 1 *The LORD is my shepherd; I shall not want.*
2 *He makes me lie down in green pastures.*
He leads me beside still waters.
3 *He restores my soul.*
He leads me in paths of righteousness
for his name's sake.
4 *Even though I walk through the valley of the*
shadow of death,
I will fear no evil,
for you are with me;

- 14 *"Because he holds fast to me in love, I will*
deliver him;
I will protect him, because he knows my
name.
15 *When he calls to me, I will answer him;*
I will be with him in trouble;
I will rescue him and honor him.
16 *With long life I will satisfy him*
and show him my salvation."

your rod and your staff,
they comfort me.

- 5 *You prepare a table before me*
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.
6 *Surely goodness and mercy shall follow me*
all the days of my life,
and I shall dwell in the house of the LORD
forever.

d. Romans 8:28–38

- ²⁸ *And we know that for those who love God all*
things work together for good, for those who are
called according to his purpose. ²⁹ *For those*
whom he foreknew he also predestined to be
conformed to the image of his Son, in order that
he might be the firstborn among many brothers.
³⁰ *And those whom he predestined he also called,*
and those whom he called he also justified, and
those whom he justified he also glorified.
³¹ *What then shall we say to these things? If*
God is for us, who can be against us? ³² *He who*
did not spare his own Son but gave him up for us
all, how will he not also with him graciously give
us all things? ³³ *Who shall bring any charge*
against God's elect? It is God who justifies.
³⁴ *Who is to condemn? Christ Jesus is the one*

who died—more than that, who was raised—
who is at the right hand of God, who indeed is
interceding for us. ³⁵ *Who shall separate us from*
the love of Christ? Shall tribulation, or distress, or
persecution, or famine, or nakedness, or danger,
or sword? ³⁶ *As it is written,*

"For your sake we are being killed all the day
long;
we are regarded as
sheep to be
slaughtered."

- ³⁷ *No, in all these things*
we are more than
conquerors through him



who loved us. ³⁸ For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

